

Nordic Sensi®Chair  
for hospitalized patients





## Sensory stimulation for hospitalized patients

Nordic Sensi®Chair is a non-pharmacological aid for stimulation of the senses. It is suitable for patients who present with restless or externalising behaviour, pain, mental imbalance or delirium. The Nordic Sensi®Chair's gentle rocking motions combined with bass vibrations and soothing music helps patients to rest and unwind.

Use of the Nordic Sensi®Chair's three sensory rocking motion programs is accompanied by calming music from MusiCure®, produced by musician and composer Niels Eje. The music, the de-stressing and calming effect of which has been documented, was composed specifically for the aforementioned purpose.

More than 20 years of development, studies and clinical research provide the evidence for the music, which has been tested and documented by researchers in hospitals. Information about the clinical trials and the other documentation can be requested from Wellness Nordic.

**MusiCure®**  
MUSIC AS MEDICINE

*Tilttable backrest with stepless adjustment*

*Backrest with built-in speaker playing calming music from MusiCure®*

*Simple, user-friendly controls*

*Mattress distributes pressure evenly*

*Height-adjustable leg support*

*Bass vibrations in the backrest*

*Detachable armrest*

*Lockable dual wheels*

*Easily accessible surfaces make them simple to clean or disinfect*

Delirium affects **10 to 30%** of somatic inpatients. Among elderly patients, this figure rises to **50%**. Delirium has a negative effect on general health, extends the time spent in hospital and increases mortality. Admission to hospital is costly for the state.

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**Linette Thorn, specialist intensive care nurse in 'Intensive Ward North 2' at Aarhus University Hospital:**

*“We use Nordic Sensi®Chair to help delirious long-term inpatients, because it helps to make a change for them and acts as a diversion. Other patients use the rocking chair to maintain and improve their wellbeing.”*



RELIEF

REST

COMFORT

CONSCIOUSNESS

WELLBEING

## Nordic Sensi®Chair delivers results at Danish hospitals

Hospital wards, including:

- intensive care
- palliative care
- neurology
- geriatrics
- medical wards

use the Nordic Sensi®Chair on a frequent basis as an option offered to patients with delirium and/or weakened condition. This stimulation of the senses is offered as part of the patient's care plan and gives them the opportunity to rest and restitute.

The chair is used to bring calm to patients who present with restless and externalising behaviours, who are in pain, and to shorten their state of delirium. It is also used to stimulate increased arousal in more passive patients as they wake up.

Feedback from hospitals indicates that it is not only the patients who benefit from Nordic Sensi®Chair: the positive effect that it has on the patients improves the work environment on the ward, leading to a greater perceived calm.

A number of Danish hospitals have conducted case studies that attest to the positive effect of the Nordic Sensi®Chair.

References can be requested from Wellness Nordic.



# Nordic Sensi®Chair – easy and safe to use

Nordic Sensi®Chair was developed in collaboration with Danish hospitals, specifically for use in hospitals, and meets the special hygiene and safety requirements that need to be fulfilled in the hospital sector.



*The mattress is cleaned using standard cleaning products or, where disinfection is required, with ethanol/chlorine solutions.*

*The armrest covers are ready for use with hospital equipment such as urine bags.*

## Customer experiences from Danish hospitals

Nordic Sensi®Chair is used at a number of different hospitals in Denmark, e.g. Rigshospitalet in Copenhagen, University Hospitals in Odense, Svendborg, and Glostrup. While typically used to increase consciousness and reduce unrest, whether motor or mental, the stimuli from the chair can also be used for delirium, sleep problems and behavioural issues.



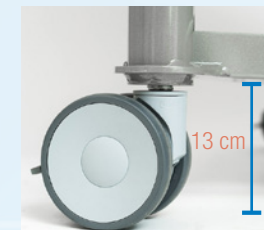
*The leg positioner is optional accessory for the chair.*



*The AUX port makes it possible to connect an external music source for instance a smartphone or tablet.*



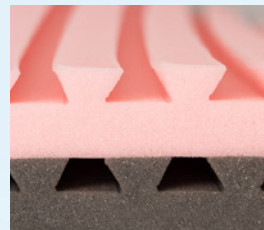
*The armrests on the chair can be opened or removed to make getting in and out easier. This will ensure safety, as well as improving working conditions.*



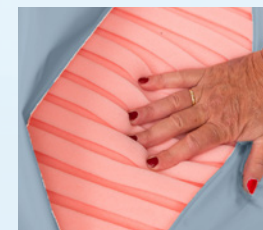
*Four lockable dual wheels make the chair stable, both during transportation and use. The clearance makes use of mobile personal hoists possible.*



*The remote control comes with a spiral cable, which prevents it being removed and lost.*



*The 6 cm-thick mattress, meanwhile, is made from viscoelastic, dual-component foam, which distributes the pressure evenly, ensuring a high level of comfort.*



*The elasticated cover, with internal stitching, wraps in place around the mattress.*



*A positioning kit, consisting of four wedges and a leg roller plus strap, ensures the patient is positioned correctly, as well as making it safe and stable. Available as an optional accessory.*

## Wellness Nordic

Wellness Nordic A/S · Tinvej 20C · DK-3060 Espergærde  
Tel. +45 3874 5450 · [info@wellnessnordic.com](mailto:info@wellnessnordic.com) · [www.wellnessnordic.com](http://www.wellnessnordic.com)



Nordic Sensi®Chair is CE-marked in accordance with MDR EN 2017/745/EU.