

Remote control

On / Select program / Off

Remember to provide the person sitting in the Nordic Sensi®Chair with information about what will happen from the very start – this will reassure them.



- Set the POWER button (on the swing-motion chair) to 1
- Switch on the remote control by pressing the On/Off button (blue light illuminates)
- Select the program you would like
- Switch off the remote control by pressing the On/Off button twice (blue light goes off)

Bass (vibrations)

- In lower part of the back
- Provides a healthy level of tactile stimulation
- Adjust with -/+

Volume

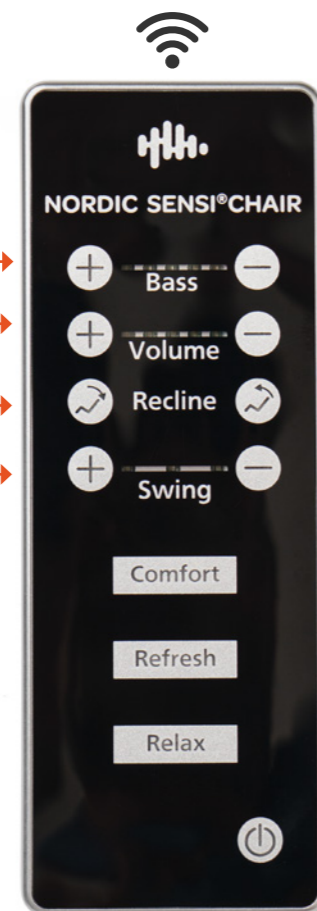
- Adjust the volume of the music with -/+

Recline (the angle of the backrest):

- Up/down

Swing (speed of the swing motion):

- 3 speeds
- Adjust with -/+



Important:

This end of the remote control must be directed towards one of the sides of the chair, where the sensors are located.



You can also use the program selector on the chair without using the remote control:

- Press once: start the Relax program
- Press twice: start the Refresh program
- Press three times: start the Comfort program
- Press four times: switch off the chair

NB: The chair has an AUX input for external audio sources, such as a smartphone or tablet.

Programs

For more about different uses, durations, volumes, speeds and positions, please refer to 'Applications' and 'Programs' on the back page.



Nordic Sensi®Chair is CE-marked in accordance with the medical regulations of MDR EN 2017/745.

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Nordic Sensi®Chair Quick Guide

What is the Nordic Sensi®Chair?

Nordic Sensi®Chair is a sensory rocking chair and non-pharmacological aid that stimulates the sensory system. The chair, for example, swings in the direction of length the body. Furthermore the chair has build-in music and vibration.

How is the Nordic Sensi®Chair used?

The chair has three built-in swing programs - Relax, Comfort and Refresh - depending on your objectives and requirements. Details of the three different programs can be found in the 'Programs' table in this guide. More information about making use of the programs for different therapeutic purposes and requirements, meanwhile, can be found in the 'Applications' table.

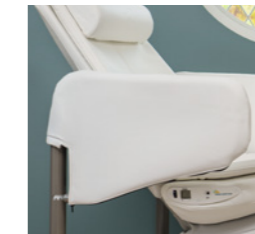
Have questions?

If you have any questions about using the Nordic Sensi®Chair, please contact your distributor, or go to our website, www.wellnessnordic.com, for further information.



Please store this quick guide and the remote control in the pocket behind the neck pillow so that both are easily accessible.

Practical information



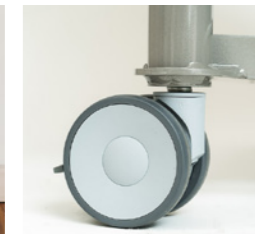
Armrest

- The armrest on the chair protects the user and gives them a sense of security.
- It has four lockable settings: Raise, turn and lower to position 0°, 30°, 60° or 90°.



Footrest

- The footrest on the chair is manual and has to be lifted to the desired position if adjustment is required.
- To trigger a return to its initial position, the footrest has to be raised all the way up.



Wheels

- Nordic Sensi®Chair has four wheels, which can be locked in place with one single press. The wheels can rotate 360°, ensuring simple positioning.






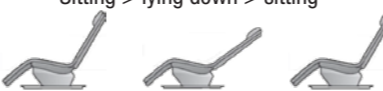


Covers and cleaning

- Nordic Sensi®Chair has mad of polyurethane leather.
- It must be cleaned with a damp cloth and a gentle/diluted cleaning agent, then wiped down with a damp cloth wrung out in water. Nordic Sensi®Chair can also be disinfected with alcohol wipes.
- An incontinence cover in optional color is included in the care-version. The cover does not leak and has an anti-bacterial coating and can be cleaned with an alcohol wipe.
- Allow to dry naturally.

Wellness Nordic

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Rocking programs

Program	Duration	Swing speed	Volume*	Music intensity*	Position of the chair
Relax	20 mins 	First 4 mins: Standard ¹ Then: The speed is decreased to 'slow' ² and remains the same until the end of the program.	Max. 55-65 dB(A)**. The volume remains constant from start to finish.	The first 4:30 mins are gentle, without any interruption to the flow. A slow bass rhythm will become audible after this point. From 12:00 onwards, you will hear a dream-like soundscape, with flute and harp music, and sounds from forest in summer.	Lying down for the whole program  20 mins
Refresh	20 mins 	First 4 mins: Standard ¹ Then: The speed is decreased to slow ² and remains unchanged until the last two mins, when it is increased to standard ¹ .	Max. 55-65 dB(A)**. The volume remains constant from start to finish.	From the very start, a calming and optimistic melodic piece of music plays, with piano and harp solos. From 9:15, a relaxed and gentle rhythmical section plays, with calming sounds from nature and oboe d'amore, cello and harp soloist instrumentals.	Sitting > lying down > sitting  20 mins
Comfort	2 hours 	Entire program: Extra slow ³ The speed remains unchanged until the program finishes.	No music	No music	Sitting for the whole program  2 hours

1. 'Standard' means 15 swinging movements a minute, which equates roughly to the rhythm of the breath in a human being when awake.
2. 'Slow' means 10 swinging movements a minute, which equates roughly to the rhythm of the breath in a human being when asleep.
3. 'Extra slow' means 6 swinging movements a minute, which equates roughly to the rhythm of the breath in a human being during deep sleep.

* Applies to MusiCure only (see opposite page). Music is played from a separate audio source, depending on the volume and tempo of the music choice.

** Volume measured by the neck pillow.

Areas of application

As long-term care facilities face a situation where an increasing number of residents with dementia, there is a need for non-pharmaceutical interventions to support the care process and help increase quality of life for residents.

Also, in many other situations the Nordic Sensi®Chair has proven its value with a variety of patients such as:

- Pediatric and adult psychiatric diagnoses
- Critical Care associated Delirium
- ADHD/ Asperger's Syndrome/Autism disorders
- Acquired brain injury or damage.

Nordic Sensi® Chair is an innovative technology that can offer people with behavior issues, such as agitation, aggressive behavior and other symptoms, a calming sensory experience.

The Nordic Sensi®Chair offers sensory stimulation by combining soothing music, Musicure®, tactile stimulation, and vestibular stimulation created by the automated rocking motion of the chair.



Please find more information in the Instruction for Use.

